

RESEARCH ARTICLE

The Effect of Bisphenol A on the Proportions of Alpha Naphthyl Acetate Esterase Positive Peripheral Blood Lymphocytes in Rats

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Abstract

Bisphenol A (BPA) is one of the most important endocrine disrupting chemicals. Epoxy resins and polycarbonates are frequently manufactured using this compound. Enzyme histochemical techniques not only can be used to evaluate the general status of the immune system but also are used to determine the functional situation of the lymphocytes. Immunocompetent T-lymphocytes in certain animal species are characterized by the presence of ANAE (Alpha Naphthyl Acetate Esterase). The purpose of this study is to determine the effects of BPA on the proportions of ANAE positive peripheral blood lymphocytes (PBL) in rats. A total of 40 rats were used. Forty animals were randomly assigned to five experimental groups (n = 8 per group): control, vehicle-control, BPA-5, BPA-50, and BPA-500. The BPA-5, BPA-50 and BPA-500 groups were given 5, 50, and 500 µg/kg body weights/day, respectively. At the end of the 8 weeks, peripheral blood samples were obtained from the rats and blood smears were prepared for ANAE demonstration. On each smear, two-hundred lymphocytes were counted for the determining of the percentages of ANAE-positive lymphocyte percentages. The proportions of ANAE positivity were found as 43.37%, 36.50%, 32.62%, 31.37% and 30.75% respectively. It was determined that the differences of the proportions of ANAE positive PBL between the groups were statistically important (p<0.01). It was concluded that BPA had immunotoxic and/or immunosuppressive effect of PBL, and it might cause functional failure of lymphocytes affecting their enzymatic activity.

Keywords: ANAE, BPA, lymphocytes, rat.

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Received: 12.02.2025

Accepted: 07.05.2026

Published: 13.05.2026

How to cite this article?

Ozaydın T, Sur E, Atar MS, Arslan E et al 2026. The Effect of Bisphenol A on the Proportions of Alpha Naphthyl Acetate Esterase Positive Peripheral Blood Lymphocytes in Rats. Eurasian J Vet Sci, 42, e0477

INTRODUCTION

Bisphenol A (BPA) is a monomeric organic compound. It is produced in large amounts for use to produce epoxy resins and polycarbonate plastics all over the world. Epoxy resins and polycarbonate plastics are commonly used as protective coatings for metal products like beverage cans. In addition to food storage containers, infant bottles, electronic devices, thermal paper and medical devices are potential materials having risk about BPA. Besides, also some dental sealants or composites made of polymers could contain BPA (Maamar et al 2015, Kanam et al 2016). BPA can leach from mentioned materials under certain circumstances, especially pH and temperature and contaminate food, soil and air. Besides, it is claimed that the perinatal BPA exposure might cause development of metabolic and allergic disorders in adulthood (Nakajima et al 2012, Malaisé et al 2020). BPA exposure can occur via various pathways

during every life stage, including in utero development. Consequently, considering environmental effects, BPA is of great concern for public health. BPA was identified as very high concern substance by European Chemical Agency (ECHA) in 2017 (Hormann et al 2014, Acconcia et al 2015, Kanam et al 2016, Abdelrazek et al 2019).

BPA is classified in endocrine disrupting chemicals (EDCs). Exposure of EDCs may develop hazardous problems threatening to life including formation of several hormone dependent neoplasms, especially in reproductive system organs. BPA has strong affinity to estrogen receptors and serves as a xenoestrogen (Lee et al 2013, Ahmed et al 2015). A reciprocal relationship exists between the immune and endocrine systems (Chryssikopoulos 1997). Estrogen has an important effect on immune cells. Karpuzoglu-Şahin et al (2001) demonstrated that the estrogen plays a role in modulating the immune system through the regulation



of cytokines. Some studies have shown that estrogen enhances humoral immunity while suppressing cellular responses (Paavonén et al 1981, Yoshino et al 2004). As BPA specifically binds to the estrogen receptors, it mimics naturally hormones and the effects of BPA are similar to effects of the estrogens, so it alters the hormonal functions. Cytokines released by immune system cells interact hormones and this interaction plays a crucial for immune system functions. So, endocrine disrupting chemicals like BPA exposure may cause to detrimental effects on immune system cells because of its estrogenic effects (Chryssikopoulos 1997, Koike et al 2018). In addition to role of lactation promoting, prolactin, a peptide hormone, also plays a crucial role in modulating immune and inflammatory responses via different immune signaling pathways, especially react to self-antigen in autoimmunity. BPA has also strong effects on the prolactin secreting cells in pituitary gland. Therefore, BPA has also potential effects on emerging autoimmune diseases. Extensive studies have demonstrated that BPA exposure may act as a contributing factor to various immune system dysfunctions (Bauer et al 2012, Kharrazian 2014, Yilmaz and Öznurlu 2019, Çetin and Özaydin 2021).

The immunomodulatory effects and underlying mechanisms of BPA exhibit significant variations. These effects are modulated by a variety of factors, ranging from the experimental model and animal species to the dosage, timing, and route of BPA administration (Yilmaz and Öznurlu 2019). While Yoshino et al (2004) observed that prenatal BPA exposure significantly elevates immune responses—particularly Th1-mediated pathways—in adult mice, Palacios-Arreola et al (2017) found that exposure in early neonatal life (three-day-old females) predisposes them to breast cancer by impairing anti-tumoral immunity. Furthermore, evidence indicates that perinatal BPA exposure modulates the cellular immune response to food-derived antigens, thereby increasing the vulnerability of juveniles to intestinal parasitic infections (Ménard et al 2014).

To evaluate the functional ontogeny of the immune system, enzyme histochemical techniques have served as reliable tools. Alpha-naphthyl acetate esterase (ANAE) is widely utilized to identify for T lymphocytes, in various species including humans, mice, cattle, chickens and dogs (Mueller et al 1975, Knowles et al 1978, Sur and Çelik 2005).

The purpose of the present study is to evaluate the possible effects of BPA on the proportions of ANAE positive peripheral blood lymphocytes (PBL) in rats.

MATERIAL AND METHODS

Ethical approval

This study was performed after approval by the Ethical Committee of Selcuk University Chair of Experimental Medicine Research and Application Center (2015/51).

Animals and experimental design

In this study, forty male healthy rats were used. The groups were designed as control (untreated), vehicle-control (only given a mixture of ethanol-corn oil), BPA-5, BPA-50 and BPA-500 groups. Firstly, BPA was dissolved in ethanol, then corn oil added on this mixture. The BPA treatment groups received doses of 5, 50, and 500 µg/kg/d for eight weeks.

ANAE histochemistry

At the end of the study, peripheral blood samples were collected from the rats and blood smears were prepared. ANAE staining was carried on according to the method of İzgi et al (2023). For the preparing incubation solution, hexazotized pararosaniline and 20 mg of alpha naphthyl acetate (solved in acetone) were added on 80 ml of phosphate buffer (0.067 M, pH 5.0). Incubation solution pH was adjusted to 5.8. The slides were incubated in incubation solution at 37°C. At the end of the incubation, the smears were counter-stained with 1% methyl green.

Evaluation of histochemical staining

The blood smears were examined under a light microscope (Leica DM2500) and then were photographed by a digital camera (Leica DFC 320). Lymphocytes exhibiting one to three distinct red-brown granules were identified as ANAE-positive lymphocytes (Figure 1). ANAE positive peripheral blood proportions were determined by counting two-hundred lymphocytes on each stained smear.

Statistical analysis

The percentage of positive lymphocytes were subjected to the Angle (Arc Sinus) transformation method. Differences between groups were evaluated using one-way ANOVA with the Tukey's post-hoc test (SPSS Inc.; Chicago, IL, USA). $p < 0.05$ was considered statistically significant.

RESULTS

The ANAE-positive peripheral blood lymphocyte percentages of groups were given in Table 1. The dose-dependent decrease was observed in BPA-groups. The proportions of ANAE positivity were 43.37%, 36.50%, 32.62%, 31.37% and 30.75% respectively in groups control, vehicle-control, BPA-5, BPA-50 and BPA-500 groups. The differences of ANAE positive PBL between the groups were statistically important ($p < 0.05$). The differences of ANAE positive PBL proportions among the groups were statistically important ($p < 0.05$).

Table 1. ANAE-positive peripheral blood lymphocyte percentages of control and experimental groups.	
Groups	ANAE-positive peripheral blood lymphocyte percentages (%)
Control	43.37±6.04 ^a
Vehicle-control	36.50±4.92 ^b
BPA 5	32.62±2.97 ^{bc}
BPA 50	31.37±4.13 ^c
BPA 500	30.75±4.36 ^c

^{a-c} Values within a column with no common superscripts are significantly different (p<0.05).

DISCUSSION

BPA, one of the most hazardous endocrine disrupter compounds (EDCs), may disrupt not only the reproductive and endocrine system but also respiratory, circulatory, musculoskeletal and central nervous system by increasing oxidative stress (Nakamura et al 2006, Kandil and Sur 2018, Özaydın et al 2018b, Öznurlu et al 2021, Öznurlu et al 2022). BPA, used to produce food storage containers and water bottles, can be leached in very small amounts and contaminate the food and drinks they contain. Therefore, European Food Safety Authority (EFSA) regularly evaluates the food safety, and scientific advice to the risk managers, considering the results obtained from the latest studies for many years. Recently, EFSA re-assessed the public health risks associated with dietary exposure to BPA and, in April 2023, a report including scientific opinion regarding this topic was published. According to this report, the tolerable daily intake (TDI) for BPA lowered from 4 µg/kg bw per day to 0.2 ng/kg bw per day (EFSA CEP Panel 2023). However, studies performed in recent years have shown that long-term exposure to even low doses of BPA may have deleterious effects on various system (Nakamura et al 2006, Kandil

and Sur 2018, Özaydın et al 2018b, Öznurlu et al 2021, Öznurlu et al 2022).

Immune system organs like thymus which produced immunocompetent T-lymphocytes are also close relationship to endocrine system and controlled by hormones (Goldman et al 2000, Çetin and Özaydın 2021). As T- and B-lymphocytes express estrogen receptors, the lymphocytes functions directly affected by estrogen (Nalbandian and Kovats 2005). So, having estrogen-like effects, due to binding to estrogen receptors, BPA may exert significant modulatory effects on the receptors of various immune system cells (Yoshino et al 2003).

The effects of BPA on immune system may be various such as proliferative, degenerative, necrotic and neoplastic responses, and it was reported that these effects might depend on many factors such as animal species, exposure route, dose of BPA, duration of BPA exposure and developmental stage of organs those of investigated (Ward et al 2006, Ménard et al 2014, Karnam et al 2016, Palacios-Arreola et al 2017). Drozd et al (2011) demonstrated that BPA-contained dental composites caused decreasing the lymphocyte viability via directly interact with DNA

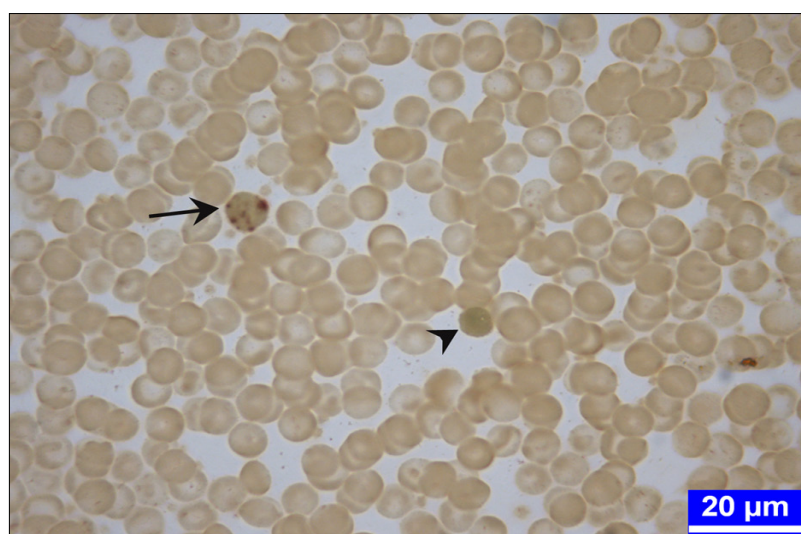


Figure 1. ANAE-positive (arrow) and negative (arrow head) peripheral blood lymphocytes are observed in blood smear prepared from a control animal. ANAE demonstration.

at the high concentrations, whereas [Tiwari and Vanage \(2017\)](#) reported that BPA trigger the oxidative stress in rat peripheral blood lymphocytes. [Santovito et al \(2018\)](#) observed increasing micronuclei frequency indicating that toxic effects of BPA in human cultured lymphocytes. [Yin et al \(2006\)](#) claimed that low dose of BPA induced macrophage proliferation while high doses inhibited this proliferation in Goldfish. [Sugita-Konishi et al \(2003\)](#) found that BPA caused a decline numbers of macrophage and T cells in mice spleen. In a study on rats performed by [Özaydın et al \(2018a\)](#) demonstrated that BPA causes the disturbing on immune system cytokines profiles, and distribution of CD4+ and CD8+ T lymphocytes in spleen and Peyer's patches of ileum. Similarly, [Abdelrazek et al \(2019\)](#) found that the spleen and thymus showed distinct lymphocytic depletion in BPA-administered rats.

Several studies investigating the embryotoxic effects of BPA on the immune system were performed. BPA exposure of pregnant animals may cause undesired changes in the number and function of cellular and humoral immune system cells in the offspring, including a decrease in T and B cells, and anti-inflammatory cytokines. This situation may lead to autoimmune and allergic disorders and immune deficiencies ([Yoshino et al 2004](#), [Palacios-Arreola et al 2017](#), [Aydemir et al 2018](#), [Koike et al 2018](#), [Aydemir et al 2020](#)). [Ménard et al \(2014\)](#) found that perinatal exposure to BPA at dose of 5 µg/kg of body weight/d significantly declined the proportions of Treg and T helper cells in the spleen and mesenteric lymph nodes of rats comparing to controls. [Aydemir et al \(2018\)](#) administered orally with BPA to adult pregnant female rats during pregnancy and they evaluated CD3, CD4, and CD8 thymocytes in thymus collected on day 21, 45 and 90 of offsprings. Investigators ([Aydemir et al 2018](#)) found that dramatically declined the mentioned cells on day 21 but not in adult animals. Same researchers also observed similar results in another study carried out lymph nodes and spleen. They determined a significant decrease in the immunopositive CD3 and CD20 in rats were born from BPA administered pregnant female rats and they concluded that BPA may affect organ function at cellular and molecular levels without it does not cause histologically distinct tissue damage ([Aydemir et al 2020](#)). [Yılmaz and Öznurlu \(2019\)](#) found that in ovo administered BPA impedes embryonic development of thymus. [Çetin and Özaydın \(2021\)](#) also observed that retarded development of bursa of Fabricius in in ovo BPA administered groups. Similarly, [Yiğit et al \(2013\)](#) found that the embryonic exposure to high dose BPA caused the distinct retardation of the bursa of Fabricius by decreasing the bursal index, the number and the diameter of the follicles in hens. All these results are important that BPA maternally transferred either placental or from eggs might be suppressed to humoral and cellular immune system in animals.

Enzyme histochemical techniques have important value not only to assess the development of immune system cells, especially lymphocytes, but also to differentiate them from each other. In peripheric blood smears, ANAE histochemistry is used to distinguish between T-lymphocytes and monocytes, dot and diffuse positivity, respectively, because of different reaction patterns. ANAE demonstration has widely been used and is accepted as a T-lymphocytes marker in certain mammals such as cattle ([Kajikawa et al 1983](#)), dog ([Wulff et al 1981](#)), mouse ([Mueller et al 1975](#)) and human ([Basso et al 1980](#)). This enzyme is not specific for some other species including rat T-lymphocytes. However, because the rates of enzyme positive lymphocytes have been considered to be a useful tool to obtain critical knowledge of health status of immune system, peripheral blood lymphocyte (PBL) counts and their enzymatic profiles were frequently evaluated in many experimental studies which determining the possible adverse or positive effects of some certain chemicals on immune system ([İzci et al 2002](#), [Sur and Çelik 2005](#), [Çiftçi et al 2011](#), [Sur et al 2011](#), [Sur et al 2012](#), [Yener et al 2013](#), [Yener et al 2019](#)). [Çetin and Özaydın \(2021\)](#) investigated the effects of BPA on embryonic development of bursa of Fabricius and acid phosphatase (ACP-ase) positive lymphocytes in peripheral blood, those of which accepted as B-lymphocytes, found that the decreasing ACP-ase positive lymphocytes percentage, by using enzyme histochemistry techniques. Similarly, [Yılmaz and Öznurlu \(2019\)](#) showed that BPA cause decreasing the ANAE positive peripheral blood lymphocyte rate in dose-depending manner when in ovo administered.

The data obtained from the present study showed lower ANAE-positive lymphocyte percentages in all BPA-groups in dose-dependent manner. A decrease in the proportion of the immune system cells may cause deleterious results, such as immunodeficiency. Consequently, these findings suggested that BPA may disrupt on immune system cells even at very low doses.

CONCLUSION

Developmental, metabolic, and reproductive processes are primarily orchestrated by the endocrine system through hormonal regulation. Endocrine disruptors modulate physiological processes through competitive binding or blockade of hormone receptors, which subsequently alters the intended hormonal signaling pathways. Many research highlights the bi-directional interactions between the endocrine and immune system. Cytokines and hormones serve as the fundamental signaling molecules facilitating this interaction. Therefore, EDCs—specifically BPA—may significantly alter immune homeostasis.

DECLARATIONS

Competing Interests

Authors declare that there are no conflicts of interest related to publication of this article.

Availability of Data and Materials

The data that support the findings of this study are available on request from the corresponding author.

Ethical Statement

Selçuk University Chair of Experimental Medicine Research and Application Center, Animal Experiments Ethics Committee. 17.03.2015, 2015/51 Number Ethics Committee Decision.

Funding

This study was supported by the Scientific Research Projects Coordinatorship Unit, Selçuk University, (Project No: 15401073).

Acknowledgements

This study was presented as a poster presentation at the “7. International Molecular Biology and Biotechnology Congress and was published as a summary text in the congress book, 25-27 April 2018, Konya, TÜRKİYE”.

Author Contributions

Motivation / Concept: TTO, ES, IC; Design: TTO, ES; Control/ Supervision: TTO, ES, MSA, EA, ACK; Data Collection and Processing: TTO, ES; Analysis and Interpretation: TTO, ES, MSA, EA, ACK, İC; Literature Review: TTO, ES, MSA, EA, ACK; Writing the Article: TTO, ES, MSA, EA, ACK; Critical Review: TTO, ES, MSA, EA, ACK

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